

# Victory Declaration

## *Over Trauma, Anger, Bitterness, and Shame*

***Friends, today we declare freedom over our lives. These are not just words, they are steps of faith. Speak them with boldness, as if chains are breaking while you speak.***

**In the name of Jesus, I declare  
that my past does not define me.**

*“Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.” (2 Corinthians 5:17)*

**I renounce the lie that I am broken beyond repair.**

*“He heals the brokenhearted and binds up their wounds.” (Psalm 147:3)*

**I release every weight of anger, bitterness, and shame.**

*“...let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us.” (Hebrews 12:1)*

**I declare that I am loved, chosen, and redeemed by God.**

*“In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God’s grace.” (Ephesians 1:7)*

**I choose forgiveness today. I forgive those who have  
hurt me, and I place justice in God’s hands.**

*“Bear with each other and forgive one another...  
Forgive as the Lord forgave you.” (Colossians 3:13)*

**I am empowered to forgive,  
just as I have been forgiven in Christ.**

*“Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.” (Ephesians 4:32)*

**I will not allow bitterness to take root in me.**

*“See to it... that no bitter root grows up to cause trouble and defile many.” (Hebrews 12:15)*

**My heart is free to love, my mind is free to think clearly, and my spirit is free to worship.**

*“Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.” (2 Corinthians 3:17)*

**I am no longer a prisoner to trauma or fear.**

*“For God has not given us a spirit of fear, but of power and of love and of a sound mind.” (2 Timothy 1:7)*

**I receive the healing power of Jesus in every wounded place of my soul.**

*“...by his wounds you have been healed.” (1 Peter 2:24)*

**I walk forward in peace, wholeness, and purpose.**

*“The LORD gives strength to his people; the LORD blesses his people with peace.” (Psalm 29:11)*

**I step into my calling with freedom and boldness.**

*“Since we have such a hope, we are very bold.” (2 Corinthians 3:12)*

*“It is for freedom that Christ has set us free.” (Galatians 5:1)*

*“The righteous are as bold as a lion.” (Proverbs 28:1)*

**By the blood of Jesus, I am victorious!**

*“They triumphed over him by the blood of the Lamb and by the word of their testimony.” (Revelation 12:11)*

**I declare today: I am free! I am healed! I am redeemed!**

*“So if the Son sets you free, you will be free indeed.” (John 8:36)*

**Closing Scripture:**

*“Our Father which art in heaven, hallowed be Thy name... forgive us our debts, as we forgive our debtors.” (Matthew 6:9, 12)*